

Great Start Georgia-Athens Community Resource List 2012

COMMUNITY RESOURCE LIST

- Healthy Families/First Steps** 706-548-3216
- 1151 Jennings Mill Road Suite 700A, Bogart, GA 30622
- National Parent Helpline, Parents Anonymous** 1-855-427-2736
- Hours: 1 – 10 PM Eastern, Spanish speaker available
- Children’s Healthcare Nurseline** 404-250-KIDS
- 24 hour medical question line, not toll free
- ACTION, Inc.**
- ACTION is an organization that helps families overcome crisis situations, receive adequate nutrition, secure and maintain jobs, achieve a higher level of education, and gain safe, affordable, and energy efficient housing.
 - Website: www.actionincorporated.org
 - Main Office 706-546-8293
 - Hours: Monday-Friday 8 AM – 4:30 PM
 - Clarke County 706-549-9827
 - Hours: Monday – Thursday 9 AM – 3 PM, Friday 9 AM – 1 PM (by appointment only)
 - Jackson County 706-367-9599
 - Madison County 706-795-2180
 - Hours: Monday – Friday 8-11:30 AM
 - Oconee County 706-769-3981
 - Hours: Monday – Friday 9 AM – 1 PM
 - Oglethorpe County 706-743-8479
- Athens Salvation Army** 706-543-5350
- Provides services including food resources, shelter, clothing assistance, financial help, and spiritual counseling.
- Community Connection** 211 or 706-353-1313
- Contains a database with over 3000 listing for food, shelter, employment, housing, legal assistance, civic groups, childcare, and much more. Spanish speaking staff available.
- Breast-Feeding**
- Support Groups (Free)**
- La Leche League of Greater Athens 706-543-4474
 - Breastfeeding support the 3rd Thursday of each month at 10 AM and 7 PM at St. Stephens Anglican Church on Timothy Road. Call for more information!
 - Website: www.LLLofathens.blogspot.com www.llli.org E-mail: ksjordan@earthlink.net, cpotterf@gmail.com
 - St. Mary’s Hospital Bundle of Joy 706-389-3389
 - Website: www.stmaryathens.org
 - WIC Breastfeeding Peer Counseling 404-657-4676
 - Contact: Tammy Fuller
 - Mother’s Care: Breastfeeding Support Group 706-475-3385
 - Website: www.armc.org
- Lactation Consultants**
- Clarke County Health Department 706-389-6921
 - Oglethorpe County Health Department 706-743-8181
 - Athens Regional Medical Center 706-475-3385

Classes

- Parenting Workshops 706-548-3216
 - Call for a schedule or to sign up! Classes include information regarding developmental milestones, age appropriate discipline strategies, and help promote positive parent-child interactions. Open to parents with children of all ages. Classes are free and childcare is provided.
- Athens Regional Medical Center 706-475-3320 or 706-475-5620
 - Call for a schedule regarding classes on topics such as childbirth and breastfeeding. Hospital tours can also be arranged and you can register for classes online.
- St. Mary's Hospital 706-289-3389
 - Call for a schedule of classes regarding topics such as childbirth, breast-feeding, pregnancy, and mother/baby/father classes. Hospital tours can be arranged as well.
- Baby Touch – Infant Massage 706-540-6551
 - Parental education and developmental play for children ages 3 weeks to 12 months.
 - Website: www.babytouchinfantmassage.com
- Baby Signs – Sign Language for Infants 443-254-7430
 - Contact: Nicole King, Independent Certified Instructor, Serves Oconee, Oglethorpe, and Clarke
 - Website: www.babysigns.com E-mail: adventuresinchildbirth@yahoo.com

Child Care

- Quality Care for Children 877-255-4254
 - The Georgia Resource and Referral Center – Referrals to child care for infants, toddlers, and preschoolers and after school care for school age children.
 - Hours: Monday – Friday 8:30 AM to 5:00 PM
 - Website: www.qualitycareforchildren.org
- Subsidized Child Care Program 706-227-7000
 - Through Department of Family and Children Services; available to families who are TANF participants and children in CPS custody.

Clothing/Supplies

- Area Churches Together Serving (ACTS) 770-725-2330
 - OCONEE COUNTY ONLY – Offer a clothing closet and food shelf.
 - Hours: Tuesdays and Fridays from 9 AM to 1 PM
- Athens Pregnancy Center 678-753-3180
 - Offers free pregnancy testing and ultrasounds, opportunities to earn clothing and supplies for babies as well as maternity supplies. Also offer 16 weeks of prenatal, one-on-one parenting classes for first time mothers.
 - Located in the Medical Ministry Building at 767 Oglethorpe Avenue
 - Hours: Monday – Friday 9:30 AM to 4 PM
 - Contact: info@athenspregnancycenter.com
- Athens Salvation Army Family Store 706-543-5350
 - Honor agency referrals
 - Location: 484 Hawthorne Avenue
 - Hours: Mondays 9 AM to 12 PM
- Brockton Road Baptist Church Clothes Closet 706-367-5801
 - Serves Jackson County residents
- Commerce First Baptist Church Clothes Closet 706-335-4083
 - Hours: Thursday 1 to 3 PM
- Ebenezer Baptist Church 706-613-9278
 - Hours: Monday 5-7PM, Tuesday – Thursday 2-5PM
- Goodwill Industries 706-433-1900
 - Location: 10 Huntington Road
 - Website: www.goodwillng.org

- Madison County Pregnancy Center 706-795-5012
 - They are a Christian based organization that provides free pregnancy testing, clothing, and baby supplies. Serve both Madison and Jackson Counties
 - Hours: Tuesday and Friday 11AM-4PM
- Potter's House
 - Sell new and used clothing as well as household items. No furniture or appliances. Honor agency referrals.
 - Athens Location 706-353-6741
 - Jackson County Location 706-546-5596
- Reblossom 706-549-8900
 - Provides gently used clothes and items for pregnant women, mothers, and babies. Rentals are also available!
 - Location: 2041 W. Broad Street
 - Hours: Wednesday-Thursday 10-6, Friday 10-5, Saturday 11-4
 - Website: www.reblossomathens.com
- Sparrow's Nest Mission Church 706-549-6693
 - Provides services, resources, counseling, and programs such as a Food Pantry and Clothes Closet.
 - Location: 745 Prince Avenue
- Together Building a Community Outreach Center 706-208-8066
 - Participates in clothing distribution when products are available.
 - Contact: Dr. Craft

Domestic Violence

- Project SAFE – Crisis Line 706-543-3331
- The Cottage 706-546-1133
 - Sexual Assault Center and Children's Advocacy Center
 - Hours: Monday – Friday 9 AM -5 PM
 - Crisis Line 706-353-1912 or 1-877-363-1912

Education

- ACTION, Inc. *see front page
- Adult Education Department – H.T. Edwards 706-357-5281
 - Offered through Athens Technical College. GED preparation classes are held Monday – Thursday 8:30 AM to 3 PM and 6-8 PM, and Friday 8:30 AM to 12 PM. ESL classes are held Monday and Wednesday 9 AM – 12 PM and Tuesday/Thursday 6-8 PM at Milledgeville Baptist Church.
- Athens Cooperative Experience (ACE) 706-543-4474
 - Home School Co-op meets every Thursday from 10 AM to 3 PM.
 - Contact: Stefanie Jordan E-mail: ksjordan@earthlink.net
- Clarke County Evening Program 706-357-5200
 - Offers one to three classes and a dinner meal Monday – Thursday. Must be at least 16.
- Classic City High School (Performance Learning Center – PLC) 706-353-2323
 - Offers GED and SAT prep for grades 9 – 12
 - Location: 440 Dearing Extension, Suite 3
 - Hours: Monday – Thursday 8 AM – 5 PM, and Friday 8 AM – 3 PM
- ESL Classes 706-548-2246
 - English as a second language classes are held every Thursday morning from 9:30 to 11:30 AM in the Beech Haven Baptist Church fellowship hall.
- Jackson County Gordon Street Center 706-367-2341
 - Regional Evening School, child care is available, offer flexible scheduling
- Jackson County Head Start 706-367-7257
 - Contact: Betty Harper

- Jackson Creative Community Resource Center 706-355-5379
 - Adult learning center for those with disabilities.
 - Contact: Barbara K. Reid
- Wee Read Program
 - A new book will be delivered to your home every month until your child is 5 years old. Registration is available on the website (open to Clarke and Oconee residents)
- Right Start 706-357-5239
 - Assists parents with children ages birth through seven with basic adult education and tutoring in GED preparation. ESL classes are also offered along with childcare, transportation, parenting, and meals.
- Winterville Library 706-742-7735
 - Provides access to books, magazines, and audio visual aids. Tutorials are available for GED, SAT, ACT, and GRE preparation.

School Systems

- Clarke County School District 706-546-7721
- Commerce City School 706-335-5500
- Jackson County School – Board of Education 706-367-5151
- Jackson County Comprehensive High School 706-367-5003
- Jefferson City Schools 706-367-2880
- Madison County School District 706-795-2191
- Oconee County School District 706-769-5130
- Oglethorpe County School District 706-743-8128

Emergency Contacts

IN AN EMERGENCY, CALL 911

Emergency Medical Services

- Clarke County 706-613-3360
- Madison County 706-795-6280
- Oconee County 706-310-3600
- Oglethorpe County 706-743-8850

Fire Departments

- Clarke County 706-613-3360
- Oconee County 706-769-3975

Hospitals

- Athens Regional Medical Center 706-475-7000
- St. Mary's Hospital 706-389-3000

Police Departments

- Athens-Clarke County 706-613-3330
- Comer PD 706-783-4552
- Watkinsville PD 706-769-7891
- Oglethorpe County 706-743-8101

Employment

- ACTION, Inc. *see front page
- Georgia Labor Department 706-369-5703
 - Clarke County One Stop Center Service
 - Offers a range of employment services and information, education and training services, support services, job listings, and resources.
- Goodwill Industries of North Georgia 706-433-1900
 - Career center available

Financial Assistance

- The Ark – United Ministry Outreach Center 706-548-8155
 - Offers emergency financial assistance for recent loss of income under certain conditions. Verification is required.
 - Website: www.athensark.org
- Athens Salvation Army 706-543-5350
 - Offer emergency financial assistance as funds are available. Need proof of income, address, and ID, as well as a birth certificate for children
 - Hours: Monday – Friday 8 AM – 4:30 PM – *By appointment only*
- Child Support Enforcement 1-877-423-4746
- Consumer Credit Counseling 1-800-251-2227
 - Offers confidential budget, housing, and pre-bankruptcy counseling, debt management plans, credit counseling, and debt analysis. *Pre-bankruptcy counseling not free of charge.*
- Ebenezer Baptist Church – West 706-613-9278
 - Offers emergency financial assistance for rent and utilities.
 - Hours: Mondays 5-7 PM, Tuesdays and Wednesdays 2-5 PM
- St. Joseph’s Charities 706-549-4208
 - Provides emergency financial assistance and food bank. Call for appointment. Need social security number, proof of address, income, bills, and ID.
 - Hours: Monday and Wednesday 10 AM – 12 PM

Cooperative Extension Service

- www.extension.uga.edu
- Clarke County 706-613-3640
- Jackson County 706-367-6344
- Madison County 706-795-2281
- Oconee County 706-769-3946
- Oglethorpe County 706-743-8341

Department of Family and Children Services

- Temporary Assistance for Needy Families (TANF)
 - Hours: Monday – Friday 8 AM – 5 PM
 - Monthly cash assistance program for families with children under 18. Need picture ID, proof of income, address, and social security number. *If there is no income, call or go in before 4 PM.*
- Clarke County DFCS 706-227-7000
- Jackson County DFCS 706-367-3000
- Madison County DFCS 706-795-2128
- Oconee County DFCS 706-310-2260
- Oglethorpe County DFCS 706-743-8152

Food

- ACTION, Inc. *see front page
- Area Churches Together Serving (ACTS) 770-725-2330
 - OCONEE COUNTY ONLY – Offer a clothing closet and food shelf.
 - Hours: Tuesdays and Fridays from 9 AM to 1 PM
- The Ark
 - Athens-Clarke County 706-548-8155
 - Makes referrals to the Athens Area Emergency Food Bank under certain conditions.
 - Hours: Monday – Friday 9 Am – 12:30 PM
 - Jackson County 706-367-8365
 - Hours: Monday, Wednesday, and Friday 9-11 AM
- Banks-Jackson Emergency Food Bank 706-367-5143
 - Hours: 9:30 AM to 1:30 PM
 - Referral required
- Ebenezer Baptist Church 706-613-9278
 - Food Pantry Hours: Thursday 2-5PM

- Food Bank of Northeast Georgia 706-354-8191
 - They work with soup kitchens, food pantries, senior centers, and churches for hunger relief. Call for Mobile Pantry dates and locations.
 - Website: www.foodbanknega.org
- Food Stamps
 - Offered through the Department of Family and Children Services. Money to be spent only on food for income-eligible participants. Need ID – fill out application at Clarke County DFCS.
 - Clarke County DFCS 706-227-7000
 - Jackson County DFCS 706-367-3000
 - Madison County DFCS 706-795-2128
 - Oconee County DFCS 706-310-2260
 - Oglethorpe County DFCS 706-743-8152
- Jackson County First Baptist Church 706-367-8332
 - Hours: Monday, Wednesday, and Friday 1-3 PM
 - Need: Picture ID, proof of residence, and a referral
- Madison County Food Bank 706-795-6350
- Sparrow’s Nest Mission Church 706-549-6693
 - Provides services, resources, counseling, and programs such as a Food Pantry and Clothes Closet.
 - Location: 745 Prince Avenue

WIC Program

- Offers food vouchers to pregnant women, post-partum women and children birth through five years old. Operates out of local health departments.
- Clarke County Health Department 706-369-5816
- Jackson County Health Department 706-335-3895
- Madison County Health Department 706-795-2131
- Oconee County Health Department 706-769-3983
- Oglethorpe County Health Department 706-743-8181

Health Care

- Athens Neighborhood Health Care 706-546-5526
 - Provides primary outpatient healthcare services on a sliding fee scale. Services include family planning, gynecological services, pregnancy testing, hypertension treatment, diabetes treatment, and lab services. *No free consultations.*
 - Hours: Monday – Friday 8 AM – 5 PM
- Athens Nurses Clinic 706-613-6976
 - Free healthcare services for the homeless and low income, uninsured. Non-emergency routine care is offered as well as prescriptions.
 - Hours: Monday – Thursday 8 AM – 1 PM, Walk-Ins welcome at 7:30 AM
 - Location: 496 Reese Street
 - Website: www.athesnursesclinic.org
- Children’s Medical Services 706-389-6923
 - Serves children birth through 21 years with chronic healthcare problems and/or developmental disabilities.
 - Hours: Monday – Friday 8 AM – 5 PM
- Healthy Mothers, Healthy Babies Coalition 1-800-300-9003
 - Statewide, toll-free referral line, Spanish speakers are available, assists families in obtaining health care services
 - Hours: Monday – Friday 8 AM – 6 PM
 - Website: www.hmhbga.org
- HOPE Resource Center 706-367-5304

- Confidential counseling for abortion and adoption, free pregnancy tests and non-medical ultrasounds, pregnancy loss, post abortion, and assistance for young mothers. Clothes closet, prenatal, and parenting classes.
- Hours: Monday and Wednesday 10:30 AM – 1:30 PM
- Mercy Health Care 706-425-4044
 - Provides free medical care for non-insured patients. For appointments call on Tuesdays between 12 – 2 PM.
 - Location: Medical Ministry Building on 767 Oglethorpe Avenue
 - Hours
 - Medical Clinic: Tues/Thurs 6-9:30 PM, Wed 9 AM – 12 PM
 - Pharmacy Refill: Tues/Thurs 6-7PM, Wed 8:30-11 AM
 - Dental Services: Fridays 9 AM – 2 PM
 - *For fillings and extractions only*
- Peach Care for Kids 1-877-427-3224
 - Health care insurance for children not eligible for Medicaid and not covered by other insurance. Cost is \$10 - \$35 per month for one child; at most \$70.00 a month for families with two or more children. Children under 6 are free.
 - Website: www.peachcare.org

Public Health Departments

- Offers a wide variety of services to residents of any age on a sliding fee scale. Services include reproductive health, childhood immunizations, adult immunizations, acute care, STD management, diabetes management, and nutritional counseling.
- Clarke County Health Department (main office) 706-389-6921
 - Mon, Wed, Thurs 8 AM – 4:30 PM, Tues 8 AM – 6:30 PM, Fri 8 AM – 1:30 PM
- Commerce Health Department 706-335-3895
 - Mon 8 AM – 6:30 PM, Tues-Thurs 8 AM – 4 PM, Fri 8 AM – 1 PM
- Jefferson Health Department 706-367-5204
 - Mon, Wed, Thurs 8 AM – 4 PM, Tues 8 AM – 6:30 PM, Fri 8 AM – 1 PM
- Madison County Health Department (Colbert) 706-788-2143
- Madison County Health Department (Danielsville) 706-795-2131
 - Mon 8 AM – 6:30 PM, Tues-Thurs 8 AM – 4 PM, Fri 8 AM – 1 PM
- Oconee County Health Department 706-769-3983
 - Mon, Wed, Thurs 8 AM – 4:30 PM, Tues 8 AM – 6:30 PM, Fri 8 AM – 1:30 PM
- Oglethorpe County Health Department 706-743-8181
 - Mon 8 AM – 6:30 PM, Tues-Thurs 8 AM – 4 PM, Fri 8 AM – 1 PM

Housing

- ACTION, Inc. *see front page
- Athens Area Habitat for Humanity 706-208-1001
- Athens Salvation Army Family Store 706-543-5350
 - Shelter Hours: 5PM – 8AM
- Georgia Department of Community Affairs 888-318-0354 or 706-369-5636
 - Provides financial assistance for affordable housing for income-eligible people.
- Metro Atlanta Homeless Assistance Task Force 1-800-448-0636

Housing Authorities

- Provide affordable housing for income eligible individuals.
- Athens HA 706-548-4446
- Comer HA 706-783-4463
- Commerce HA 706-335-3611
- Danielsville HA 706-795-3393
- Jefferson HA 706-367-8311

Legal Services

- Athens Justice Project 706-613-2026
 - Provides legal representation and counseling to low income individuals with pending criminal charges in Clarke and Oconee County.
 - Website: www.athensjusticeproject.com
- Georgia Legal Services Program – Athens Regional Office 706-227-5362
- Jackson County Public Defender’s Office 706-387-6317
- www.LegalAid-GA.org
 - Georgia’s website guide to free legal information and services.
- Victim Assistance Program, Jackson County 706-387-6334

Mental Health

- Advantage Behavioral Healthcare System
 - Athens-Clarke County Mental Health Clinic 706-389-6767
 - Jackson County Mental Health and Alcohol/Drug Abuse Clinic 706-367-5258
- Family Counseling Service of Athens 706-549-7755
 - Offers a variety of counseling services on a sliding fee scale.
 - Hours: Monday – Thursday 9AM-5PM, Friday 9AM-4PM, evening appointments available
- Georgia Crisis and Access Line 1-800-715-4225
 - Staffed with professional social workers and counselors to assist, 24 hours a day, those with urgent and emergency needs. The callers can be directly connected with the agency of their choice and given a scheduled appointment.
 - Website: www.mygcal.com
- Georgia Post-Partum Support Network 1-866-944-4776
 - Hours: 7AM – 10PM
 - Website: www.GPSNetwork.org
- McPhaul Marriage and Family Therapy Clinic 706-542-4486
 - Offers counseling on a sliding fee scale.
- PACE – PPD Peer Support Group 706-410-1925
 - Informal peer group meet for women with PPD (postnatal psychiatric disorders/postpartum depression). Breastfeeding infants under 6 months are welcome to join, no childcare available at this time. Call or e-mail for meeting times.
 - E-mail: compassion@ppdacceptance.org
- Samaritan Counseling Center 706-369-7911 or 800-490-7911
 - Provides marriage and family counseling, psychotherapy, educational and consultation services. *Not for intensive therapy.*
 - Call from 9AM to 3PM to schedule an appointment.
 - Website: www.samaritannega.org
- UGA Psychology Clinic 706-542-1173
 - No eligibility requirements; counseling is offered on a sliding fee scale
 - Hours: Monday-Thursday 8AM – 8PM, Friday 8AM – 5 PM

Miscellaneous

- Assurance Wireless 1-888-898-4888
 - A service provided by Virgin Mobile – you can get a free wireless phone and 250 minutes a month if you qualify (open to participants based on income and involvement with Food Stamps and Medicaid). There is no annual contract and you can upgrade your minutes and add texts messages for a fee every month. Call or go online to fill out an application.
 - Website: www.assurancewireless.com
- Catholic Charities of Atlanta 706-548-9421
 - Provides services to the community at large, offers ESL classes, legal immigration services, outpatient mental health counseling and workshops, seminars, and training.
- Social Security Office 866-964-3294

- Location: 1650 Prince Avenue, Athens, GA 30606
- Hours: Monday – Friday 8:30 AM – 3:00 PM

Parenting/Parent-Child Activities

- Athens Mommies
 - A group that provides a safe, secure place for mothers to find support and encouragement from other mothers and to empower them to be better women, parents, and community leaders.
 - Website: www.meetup.com/athens-mommies
- Athens Mothers' Center Morning Group 706-552-8554
 - Moms can participate in discussion and activity groups, parenting education, social events, and information on community resources in a non-denominational setting.
 - When: Tuesday and Friday 9:30-11:30 AM – Dads are welcome on Friday
 - Website: www.athensga.motherscenter.org
- Athens Single Parent Network (ASPN)
 - A single parent support group that meets to do various activities and go over parenting skills that will be helpful to single parents.
 - E-mail: athensspn@gmail.com
- Bear Hollow Wildlife Trail 706-613-3616
 - Visit live animal exhibits and participate in educational programs.
 - Hours: Trail is open Monday-Friday from 9 AM to 5 PM, Exhibit hall open Saturday 1-4 PM
- Clarke County Leisure Services 706-613-3800
 - Offers a variety of activities and classes for residents of all ages.
- Green Acres Playgroup
 - GAP is a group of moms and their young children who get together for fun, friendship, and encouragement. Everyone is welcome!
 - Website: www.greenacreschurch.com Contact: playgroup@greenacreschurch.com
- MOPS, Mothers of Preschoolers 706-769-4001
 - Join a fun time of discussion, teaching, creative activities, and making friends with other moms! All mothers of preschoolers (birth to 5 years of age) are invited. Childcare reservations are required. Call to reserve a spot in the nursery.
 - Meeting Times: 1st and 3rd Wednesday of each month 9:30-11:30 AM
 - Location: Grace Fellowship 1120 Malcom Bridge Road, Bogart, GA
 - Contact: Martha mcahook@graceathens.com
 - Website: www.welovemops.wordpress.com
- Mother Care 706-475-3385
 - A support group for breastfeeding moms. Meets are casual, with open discussions that are led by a certified lactation consultant. They are free and there is no need to register – just drop in! A digital scale is available at meetings to make it easy for you to track your baby's weight gain. Expectant moms, breastfeeding moms and nursing babies or children are welcome.
 - When: Tuesday and Thursday 6:30 – 8:00 PM, Saturday morning 10:30 AM – 12:00 PM
 - Location: ARMC Classroom A in the Prince Tower
 - Contact: ARMC Lactation Services, Amy, Elizabeth, and Keri-Jo
- Mother's Morning Out 706-546-0669
 - Offered through Beech Haven Baptist Church at the Live Oak Morning School. Childcare is offered for ages 6 weeks to 5 years.
 - Monday – Friday 9 AM-1PM, \$12 a day

Libraries

- Athens Clarke County Library 706-613-3650
 - Location: 2025 Baxter Street
 - Offers (call to verify days and times):
 - Infant Story Time – Some Mondays at 10:30 AM and 1:30 PM

- Toddler Story Time – Tuesdays and Wednesdays at 9:30 AM and 10:30 AM
 - Bedtime Stories – Mondays at 7:00 PM (call for Spanish schedule)
 - The Family Place – Offers a 5-session series of weekly workshops for children ages 1-3 and their caregivers.
- Commerce Library 706-335-5946
 - “Baby and Me” is available for children 6 months and older. Participate in rhyme and rhythm exercises for 45 minutes starting Friday at 10:30 AM.
 - Other classes are offered. Call to get on e-mail list for calendar updates.
- Jefferson Library 706-367-8012
 - Story time for children under 5 on Tuesday and Thursday at 10:30 AM.
 - Contact: Amy Carlan, acarlan@prlib.org

Safety

- Car Seat Safety Check
 - Athens-Clarke County Sheriff’s Office 706-613-3250
 - Georgia State Patrol Office 706-552-4439
- Consumer Product Safety Commission Hotline 1-800-638-2772
 - Hours: Monday-Friday 8AM-5:30PM
 - Website: www.cpsc.gov
- Poison Control Center 1-800-222-1222
 - Georgia Poison Control 404-616-9000
 - Provides 24 hour emergency instructions for anyone who has ingested or been exposed to poison. Speakers available in both English and Spanish.
- Vehicle Safety Hotline 1-888-327-4236

Substance Abuse Assistance

- Advantage Behavioral Health System 706-369-5745
- Athens Area Commencement Center 706-546-7355 or 866-294-1830
 - Provide alcohol and drug addiction recovery programs. Call for dates and times.
 - E-mail: info@thecommcementcenter.com

Support

- Babies Can’t Wait
 - For infants and toddlers with developmental delays or disabilities and their families. Provide access to services to enhance those children’s development.
 - State Office 404-657-2726
 - Northeast GA/Athens District (Contact: Ruth Newcomb) 706-369-6105
- Children 1st 706-227-7182
 - Helps parents provide their children with a healthy start; connects parents with public health programs and community services.
 - Contact: Robin O’Donnell
- Parents and Children with Illnesses and Disabilities 706-540-5286

Transportation

- The Ark, Jackson County 706-367-8365
 - Can assist with transportation for medical appointments.
- Athens Transit
 - Customer Information 706-613-3430
 - The Bus 706-613-3434
 - The Lift 706-613-3435
 - Administrative Offices 706-613-3432
- DHR Coordinated Transportation 706-227-5306

- Provides non-medical transportation for anyone receiving TANF. A trip order must be submitted by a caseworker at least 24 hours in advance.
- Southeast Transportation 866-388-9844
 - Non-Emergency medical transportation for Medicaid recipients. Call three working days before the appointment (Monday-Friday 7AM-6PM). Have Medicaid ID, name and address of destination and the name of the doctor that will be seen available.
- Wheels to Work 706-776-9675
 - Provides non-interest loans to qualified TANF recipients to use toward the purchase of an car. You can apply through a DFCS caseworker.

Websites and Suggested Reading

- Better Brains for Babies www.bbbgeorgia.org
- Infant Sign Language Information www.littlesigners.com
- Lamaze www.lamaze.org
- National Center for Fathering www.fathers.com
- Safety www.safechild.net
- Smart Start www.ncsmartstart.org
- Zero to Three: National Center for Infants, Toddlers, and Families www.zerotothree.org

- *21 Deadly Myths of Parents: and 21 Creative Alternatives*, by: Kenneth West
- *Between Father and Child: How to Become the Kind of Father You Want to Be*, by: Ronald Levant
- *The Birth of a Father: New Fathers Talk about Pregnancy, Childbirth, and the First Three Months*, by: Cecilia Worth
- *Breastfeeding: A Parent's Guide*, by: Amy Spangler
- *Complete Book of Parenting: The Parent's Question and Answer Book*, by: Editors of Consumer Guide with Louise Bates
- *Daddy Smarts: A Guide for Rookie Fathers*, by: Bradley G. Richardson
- *The Father's Almanac*, by: Sullivan and St. Claire Adamms
- *Heading Home with Your Newborn: From Birth to Reality*, by: Laura A. Jana and Jennifer Shu
- *Night Lights for Parents in the Dark*, by: Phyllis Therous
- *The Parent's Desk Reference*, by: Irene Frank
- *The Six Stages of Parenthood*, by: Ellen Galinsky
- *Teaching Children Self-Discipline at Home and at School*, by: Thomas Gordon, Ph.D.

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