**My Worst Experiences Survey**

National Center for Study of Corporal Punishment and Alternatives in Schools, 1992

**Description**

This measure asks children about their most stressful experiences and then associated reactions. Part 1 assesses 21 stressful events (e.g. abuse, disaster, family problems) and asks children to select their "worst" event. They are then asked 6 more questions about that event. In Part II, children are asked to rate the frequency and duration of 105 possible thoughts, feelings and behaviors they may be having in response to the endorsed events. Items are rated on five point scales where 1 = one time to 5 = all of the time.

The MWES can be completed in 20 to 30 minutes by any child or teen who reads at a third-grade level or better. Responses to Part II yield a Total Score, Inconsistent Responding Index, DSM-IV PTSD Criteria Scores and Symptom Subscales for depression, hopelessness, somatic symptoms, oppositional conduct, hypervigilance, dissociation/dreams and general maladjustment

**Versions**

There is another version called the "My Worst School Experience Survey" focused on stressful events that occur at school.

**Reference**


**To obtain scale**

http://www.wpspublish.com