Dimensions of Stressful Events Rating Scale (DOSE)

Fletcher

Description

The DOSE is a 50-item clinician-administered scale that identifies characteristics specific to the child’s stressful/traumatic events. There are 26 items assessing aspects of the stressful event and 24 items specific to sexual abuse. Items are in either a “yes/no,” frequency, or a checklist format. It is suggested by the author of the scale that the DOSE be used as an adjunct to other PTSD scales. It is possible to score the DOSE, but no established scoring method or norms are available.

Sample Items

Who were the direct victims of the stressful event(s)? [check all that apply]:

_____ Siblings
_____ Other child relatives
_____ Other children the child knows well from outside the family
_____ Other children the child does not know well from outside the family
_____ One or both of the child’s guardians
_____ The child
_____ Other adult relatives
_____ Adult mentors
_____ Other adults the child knows well
_____ Other adults the child does not know well
_____ A pet of the child or family
_____ Other (specify)

Did the child view the event as a threat to his or her safety or well-being?

References


To obtain scale, contact

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NOTE: Complete measure available in the journal article.