

3rd Annual Spooktacular 5k fun run Johnston, Iowa/October 8, 2011

Date and Time:

Saturday, October 8, 2011 - 8:00 a.m.

Check in 7:00 a.m.

5k Participants Receive:

T-shirt

Awards for All Age Groups

Awards for Best Costumes

Free Kids Run:

9:00 a.m. on track

Crazy Hair, Face Painting & Nails

by LaJames International College

\$6 - \$9

Entry Information:

\$20 until 10/1/2011

\$25 day of race

Location:

Johnston High School Stadium

6501 NW 62nd Ave - Johnston

Race begins and ends on track

Things to know:

Costumes Encouraged

Please no dogs

Strollers welcome

Early Packet Pickup

Friday, October 7, 2011

5:00-6:00pm

Johnston Chamber Office

8711 Windsor Parkway, Suite 2

Food & Beverages:

Available Following Race

Please return bottom portion with payment

Name: _____

Address: _____

City, State: _____

Zip Code: _____

Email: _____

Male: _____ Female _____ DOB: _____

Please check: 5k: _____ Kids Run _____

5k T-shirt Size (circle one): YL S M L XL XXL

(T-shirts guaranteed for participants enrolled by 10/1/11)

**Make checks to "Johnston Chamber". All proceeds go to The Johnston
Partnership for a Healthy Community.**

In consideration for the acceptance of my entry, I, for myself, my heirs, executors and administrators, do hereby release and discharge the City of Johnston, Iowa, The Johnston Chamber of Commerce, and all organizers, volunteers, sponsors and/or officials for all claims and/or liabilities arising from or related to my participation in the spooktacular 5k run/walk. I attest and verify that I am medically able, physically fit and have sufficiently trained for participation in this event and acknowledge that running a race is a potentially hazardous activity. I also grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record which may include me or my likeness.

Signature: _____

Parent/Guardian if under age 18: _____

Send Application to:

Spooktacular 5k

8711 Windsor Pkwy, Ste. 2

Johnston, IA 50131

Do not mail after 10/1/11.