

**SAINT PATRICK'S
BREASTPLATE
(LORICA)**

Fáeth Fiada

I arise today

through a mighty strength
the invocation of the Trinity:
believing the Three Persons
confessing the Oneness
of the Creator of Creation.

I arise today

through the strength of Christ's birth with His baptism
through the strength of His crucifixion and His burial
through the strength of His resurrection and His ascension
through the strength of His descent on the Day of Judgement

I arise today

through the strength of the love of
 cherubim
by obedience of angels
by service of archangels
by hope in reward of my resurrection
by prayers of patriarchs
by predictions of prophets
by preachings of apostles
by the faith of confessors
by innocence of holy virgins
by deeds of all holy ones.

I arise today

through strength in the sky:
light of sun, moon's reflection
splendour of fire, speed of lightening
swiftness of wind, depth of sea
firmness of earth, hardness of rock.

I arise today
through God's strength to pilot me:
God's might to uphold me
God's wisdom to guide me
God's eye to look before me
God's ear to hear me
God's word to speak for me
God's hand to guard me
God's way to lie before me
God's shield to protect me
God's host to save me:
from snares of devils
from attractions of sin
from every one who shall wish me ill
both far and near
alone and among many.

I summon all these powers to stand between me and these evils:
against every cruel, merciless power
that may oppose my body and soul
against incantations of false prophets
against dark ways of pagans
against false laws of heretics
against magic and idolatry
against spells of witches and smiths
and wizards
against every false knowledge that
ensnares body and soul.

Christ to shield me today
against poison and burning
against drowning and wounding
so that there may come to me a rich
reward.

Christ with me, Christ before me
Christ behind me, Christ in me

Christ beneath me, Christ above me
Christ on my right, Christ on my left
Christ when I lie down
Christ when I sit down
Christ when I arise
Christ in the hearts of all who think of me
Christ in the mouths of all
 who speak of me
Christ in every eye that sees me
Christ in every ear that hears me.

I arise today
 through a mighty strength
 the invocation of the Trinity:
 believing the Three Persons
 confessing the Oneness
 of the Creator of Creation.

Salvation is of the Lord
Salvation is of the Lord
Salvation is of Christ
May Your salvation, O Lord,
 be with us forever.

Edited by Father Peter Hill

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