



# What is and is not compostable

## Compostable

- Salads & salad dressing
- Coffee grounds/tea bags
- Fruit
- Potatoes, rice, pasta, tofu
- Vegetables
- Bread/Buns/taco shells
- Cookies, cake, crackers, candy
- Nuts, seeds, grains
- Eggs & egg shells
- Catsup, mustard, mayo, salsa, gravy
- Dried leaves, dry lawn waste
- Animal manure (horses, cows, sheep, rabbit, chicken, llama) No dog/cat

## Not Compostable

- Meat Products (Beef, Pork, etc.)
- Fish & Chicken
- Milk and Dairy
- Bones
- Tacos & Sloppy Jo's
- Corn Cobs
- Citrus peels (oils in peels slow the process).
- Napkins/Paper towels (white = bleached)
- Pet feces and kitty litter
- Limbs, branches

# Captain Compost



Thanks for  
helping me  
make good  
dirt for  
planting  
gardens!