

Friend & Fundraisers



CPCAN has had a good year for Friend and Fund Raising. In May we had *Springs First Blush*, a wine tasting and food pairing event held at Lone Oak Vineyard Estates. The event was a sold out success, and the wonderful weather allowed us to make full use of the outdoor patio. It was a beautiful evening full of amazing food, wine, chocolate, orchids and great conversation made possible by sponsorships from CP Federal Credit Union, 3-D Engraving, Markowski & Company, Rosie Anderson, Walton Agency Inc., Vandercook Lake Lions Club and support from Chelsea Milling Co., Meijer, Home Depot, Patricia Worth and Gilbert Chocolates.

In September we had a fun evening at In Good Company Restaurant for an "In Good Community Night" fundraiser. This family friendly event had horse back riding, a bounce house, face painting, games and of course great food. We would like to thank In Good Company Restaurant, Kutchka's

Party Rental and all of our dedicated volunteers.

This past October we had our fourth annual Murder Mystery Dinner fundraiser held at Cascades Manor House. *Hulas & Homicide* was a entertaining who-done-it and the spirited crowd all tried their best to solve the mystery. The event made friends out of strangers and proved to be an evening of good food, lively competition and aloha wear. Thank you to our sponsors Gerdau Special Steel, Rose Anderson, CP Federal Credit Union and our supporters Dr. Hand, Dawn Foods, Swan Creek Candle Co., Mike Klug, Wendy Bland, Marie Fisher, Sylvia Kelley and all our volunteers who helped make the evening a success.

We look forward to 2013 with more chances to make new friends to help us achieve our mission, **"to educate and strengthen our community to reduce child abuse and neglect."**

Upcoming Events



MARCH is PAM (Parenting Awareness Month) and the CPCAN is organizing our fifth annual family strengthening event—the Family Expo on 3/23/13 from 11-1 p.m.

"Families Getting' Fit & Havin' Fun!" is the theme and will be at the Westwood Mall in Jackson. Fun physical fitness activities for the whole family will be held in the "Fit and Fun Zone." Last year's activities included Kick Boxing, Hula Hoop games, Zumba and a demonstration from PKSA Karate School. An array of community service vendors will again offer information about their programs, activities and free giveaways. Last year we serviced 50 families with over 100 children. There are many opportunities to volunteer call Donita to see how you can help.

APRIL is CAP (Child Abuse Prevention Month) and the CPCAN will be having our annual CAP Kick-off in Austin Blair Park on 4/1/13 at noon. Help CPCAN supporters plant a pinwheel garden to raise awareness of child abuse and neglect and then join us for refreshments afterwards at the Child and Parent Center.

MAY the CPCAN will have our annual training to aid professionals in their efforts to reduce child abuse and neglect and our spring fundraiser. More information about these and other upcoming events will follow in the spring newsletter.

**Suspect Abuse or Neglect?
Call (855) 444-3911**

or email: DHS-CPS-CIGroup@michigan.gov

If you suspect a child is in immediate danger call 911



cpcan news

Council for the Prevention of Child Abuse and Neglect

Thanks to Our Supporters

CPCAN has Accomplished Much this Past Year

We are pleased to share with our friends and supporters our achievements of this past year. Primary prevention — CPCAN's main focus — strives to stop child maltreatment before it happens. Prevention works and prevention pays off. Economic statistics estimate that every \$1 spent on prevention services saves \$43 spent later on treatment for survivors of child abuse and neglect.

There is extensive research which links healthy child development to effective parenting. Children thrive when parents provide affection, respectful communication, consistent rules and safe opportunities that promote independence. Successful parenting motivates children to achieve and helps children succeed in school. Parent education makes a

protection system and reports made by mandated reporters are confirmed at nearly double the rate of those made by non-mandated reporters. Last year CPCAN volunteers trained 190 adults how to report suspected child abuse or neglect to CPS.

Child sexual abuse is unfortunately more commonplace than realized. It tragically effects its victims in a multitude of ways and accounts for over \$207 billion in costs to our nation each year. For every adult trained in the Stewards of Children child sexual abuse prevention program 10 children are estimated to be protected. We have trained over 120 adults since last April and want to train many more. The CPCAN is working on outreach for this important prevention program and invites

"This class has been so informative and I will continue to use all the info I acquired from here in my everyday parenting. Thank you so much! I would recommend this class to anyone."

Parent Education class participant

difference and classes at the Child and Parent Center have become an important community resource. This past year 63 parents and caregivers attended 38 free 1.5 hour long parenting classes teaching important parenting skills.

Truancy is often an early indicator of family stress that can lead to dropping out of school and a life of economic struggle. CPCAN has collaborated with the Jackson Family Court for a number of years offering truancy intervention programs and last year serviced 72 children and their families.

Many professionals who work with children are mandated by law to report suspected abuse or neglect to Child Protective Services (CPS). Mandated reporters are an essential part of the child pro-

tection system and reports made by mandated reporters are confirmed at nearly double the rate of those made by non-mandated reporters. Last year CPCAN volunteers trained 190 adults how to report suspected child abuse or neglect to CPS.

readers to attend a training and pass along this information to caregivers, church groups and other organizations. CPCAN staff and volunteers also participated in 9 community events in 2012 reaching over 500 people and distributing over 2300 pieces of child safety information and parent education materials. We participated in 30 presentations and many more collaborative meetings advocating for policies and programs to protect children. Thanks to your support the CPCAN has accomplished a lot this last year, but there's much more to do until each and every child is born into a loving family ready, willing and able to keep them safe and nurture them to their fullest potential.

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Director's Message

Five Protective Factors that Safeguard Children

We all want to live in a country that is prosperous, innovative, and that supports the healthy development of children. When we invest in children we invest in our community and economic development. Sometimes children are exposed to conditions that undermine their well-being. By recognizing and building on existing strengths within communities and families we can support healthy, safe and loving environments for all children. Research has shown we can do this by promoting five protective factors:

- 1. Nurturing and attachment** - Building a close bond helps parents better understand, respond to, and communicate with their children.
- 2. Knowledge of parenting and of child and youth development** - Parents learn what to look for at each age and how to help their children reach their full potential.
- 3. Parental resilience** - recognizing the signs of stress and enhancing problem-solving skills can help parents build their capacity to cope.
- 4. Concrete supports for parents** - Caregivers with access to financial, housing, and other concrete resources and services that help them meet their basic needs can better attend to their role as parents.
- 5. Social connections** - Parents with an extensive network of family, friends, and neighbors have better support in times of need.

The free parenting classes that we offer at the Child and Parent Center and our truancy intervention programs promote the first four of these five factors. At our classes parents and caregivers learn important parenting skills and receive information about their child's development and local services for families in need. By being good neighbors we all can take responsibility for the fifth factor, the social connections that enable the community to encourage, guide, and mentor families at risk. And we can help families by supporting public policies that assist those struggling in these difficult economic times.

"The more I know the better I am able to teach and be the best parent possible."

Parent Education class participant



Helping Hands

CPCAN is Awarded Second Knight Foundation Capacity Building Grant

Volunteer Coordinator to Evolve into Development Director Position

The CPCAN is grateful to the James A. & Faith Knight Foundation which recently awarded a grant to fund a part time Development Director to help us expand our programming. The new position will enable Donita Bentley, who was hired last February with funding from the Knight Foundation, to build on her work of the last year and take on new duties targeted toward long term sustainability and growth.

In her current position, Ms. Bentley has been instrumental in increasing CPCAN's volunteer base, and utilizing and coordinating community members to further the CPCAN's mission. She has made many presentations, cultivating new friends and supporters along the way. In addition, she has organized CPCAN volunteers in many capacities including: community outreach and education, marketing, fundraising, administrative assistance, childcare and building and grounds maintenance. All of these efforts have strengthened the CPCAN and aided in our ability to raise awareness of child abuse and neglect and the efforts needed for prevention.

In her expanding role Ms. Bentley will assist in CPCAN development in addition to coordinating volunteers. Earlier this fall the CPCAN applied for a marketing project through the University of Michigan Ross School of Business Community Consulting Club (CCC). The U-M CCC Team developed a strategy specifically tailored to Jackson County with the goal of identifying new growth and outreach opportunities. Ms. Bentley will assist Board, staff and volunteers utilize the data and research collected by the U-M Team with the intention of further broadening community support for the CPCAN. It takes a community to end child abuse and neglect and the more community members we have assisting us in our mission the greater the force of our efforts in reducing the number of children at risk. We are thankful to the Knight Foundation for investing in the CPCAN and child abuse prevention, and to the U-M Ross School CCC Team for sharing its expertise on the CPCAN's behalf.

Thank You to Our Major Supporters of 2012

James A. & Faith Knight Foundation
Children's Trust Fund
Great Parents, Great Starts, Michigan Dept. of Ed.
The Hurst Foundation
The Exchange Club of Jackson
Jackson Community Foundation/Kellogg Youth Fund

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contact the CPCAN at:
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or
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