

Winter 2010

Volume 1, Issue 2

SRTS Facts:

Over 900 Helmets have been distributed in the Treasure Valley

Eliminated safety buses for 361 students

Saved the Boise School District \$16,000 annually

Improved Walking Routes for 8 schools and an additional 356 students

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Treasure Valley Family YMCA

Successful International Walk to School Day October 6th

International Walk to School Day is an annual event held the first Wednesday in October. It's a great kick-off for Safe Routes to School activities for the school year!

The winners for the most student participation on October 6th were:

\$50: Valley View, Washington, Cynthia Mann, Pioneer, West JH

YMCA 6 Month Family Pass: Longfellow, Hawthorn, Valley View, Mountain View

These schools submitted school tallies and pictures!



Mountain View



Washington



Highlands

An Interview with Jo O'Conner: Idaho SRTS Coordinator

What major improvements have you seen with the Idaho SRTS program?

Jo: The greatest improvement is hearing from communities that they want to implement SR2S programs because walking and biking to school is a priority for them. Through the application process they understand that no local entity can do it alone, that it takes a multi-disciplinary range of stakeholders, and the commitment of parents and schools, if they want to make it an everyday choice.

What is the most interesting part of your job as the Idaho SRTS Coordinator?

Jo: The most interesting part of my job is seeing how happy kid's are to have the opportunity to walk and bike to school, all it takes is a little encouragement and support from people who believe it's possible.

Successful Fall 2010 Events:

- Back to School Nights
- Teachers Night Out
- School Carnivals
- Trekkin Tuesday
- Walk N' Roll Wednesday
- School Safety Presentations

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**We build strong kids, strong
families and strong communities.**

**Be Seen!
Be Safe!**

Garfield had a Walking School Bus from Ivey Wild Park to school on International Walk to School Day, with a successful 60% participation rate. Congratulations!

Tony Leith, "I believe with a little school & community support, Garfield students and families would make walking to school a daily event."

REMEMBER: We have bike helmets if you know of a child who needs one for Christmas!

Educational Programming & Encouragement through Fall 2010

Take advantage of educational and encouragement activities supported by Safe Routes to School.

What we offer:

- Incentives for walk to school days (including International Walk to School Day, Walk 'n Roll Wednesdays, etc.)
- Safety Booth for events like carnivals and health fairs, including giveaways, educational material and interactive bike wheel game.
- In-Class Safety Presentations specific to certain grade levels.
- Bike Rodeos—hands-on bike clinic with 5 stations. Ideal for 3rd–4th graders.
- Bike Repair Classes—learn basic bike tune-up skills from local bike mechanics. Ideal for 5th–9th graders.
- Helmet-fittings—a helmet is only as good as its fit. We teach proper fit and give tips on how to recognize the right fit. Contact us to check for free helmet availability.

Safe Routes to School Coordinator, Janell Zuckerman Pfister, will be back from maternity leave in January.

Until then, please contact Christy Beavers to set up Educational & Encouragement activities at your school!!

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