



Sandhills/Moore Coalition for Human Care

1500 West Indiana Avenue

Southern Pines, NC 28387

910-693-1600

www.sandhillscoalition.org

Suggested Food List

Canned Stew

Jelly

Peanut Butter

Spaghetti Sauce

Pasta

Cereal

Tuna

Instant Mashed Potatoes

Juice

Canned Fruit

Canned Beans

1-2 lb. package rice

Thank you for your generous support!