HELP OF DOOR COUNTY, INC.  
HELP’s Highlights
Eliminating Domestic Abuse
WINTER 2012
Winter 2012

Anne Kok Social Justice Award
Congratulations to Shirley Senarighi

The Anne Kok Social Justice Award is dedicated in the memory of Anne Kok, a teacher and student of women's rights. Anne was an advocate, a director, and a friend of HELP. Shirley Senarighi was presented with the Anne Kok Social Justice Award this year at HELP’s open house. Shirley has demonstrated a commitment to eliminating violence against women in all its forms, promoting social justice for oppressed and under served populations, and makes an impact in Door County. We would like to thank all who participated in this years nomination and look forward to the ceremony next year.

February is Teen Dating Violence Awareness Month:

From left to right: Anne’s widowed husband Paul Kok a board member for HELP, Shirley Senarighi, and Ursula Bunnell-Timreck HELP’s Executive Director

February is Teen Dating Violence Awareness Month:

It was a wonderful day at HELP’s first open house. Board and staff invited guests into the office to show the community who we are and how our office functions.

Directors Corner
By: Ursula Bunnell–Timreck

It is coming up on twenty years that I have been working in the field of domestic violence. That is twenty of the forty years that the United States has been part of a national movement to end domestic violence. It was at the beginning of the movement that survivors and advocates joined forces with a vision to end violence in the lives of families forever. It was then that the anti-domestic violence movement gained respect, recognition, and energy. Today I am proud to say that HELP of Door County, Inc. is one of 83 programs in Wisconsin that provides services to men, women and children who are victims and survivors of domestic abuse. Perhaps the vision of ending violence in the lives of families forever was a bit too optimistic, however we have come a long way in approaching this vision by focusing on preventing violence before it ever starts. By looking at violence globally we can intercept the causes of violence and the social norms that support its existence.
HELP'S HIGHLIGHTS

Walk In Her Shoes

HELP of Door County, Inc “First Friday Walk In Her Shoes Event” featured many local supporters. Men that have the courage to stand up against domestic violence, walked downtown Sturgeon Bay in women's shoes to show their support. Thank you to Thad Birmingham, Chris Neuville, Bob Lauder, Brian Barganz, Jake Erickson, Mark Nelson, Alan Kopishke, Bret Bicoy, Dr. Nate Hayes, Bill Draeb, Adam Baier and Ryan Hilbert, Jim Adams, Andrew Olsen, Ed DiMaio, Jerrad Anderson, Shane Timrick, Jamie LeCloux, John Stone, John Kolodziej, Arleigh Porter, and Chad Chervenka. We would like to make this a annual walk for our First Friday in October. Contact HELP of Door County, Inc. to walk or be involved in this future event.

Making Our Community Safe
By Jess Holland

Our Youth Advocate, Jess Holland, continues to do support groups for teen girls based on the Expect Respect curriculum developed in Austin, TX. Thanks to an Education Grant from the Door County Community Foundation, middle and high school girls have the opportunity to meet weekly to discuss different aspects of relationships, including: assertiveness, boundaries, and respect versus abuse, among other topics. The results from pre and post tests taken by girls in Expect Respect indicate that all participants learned increased skills for healthy relationships, 7/8 participants learned to better communicate thoughts and feelings, all participants were more confident in having healthy relationships, and all stated that Expect Respect helped them increase personal safety. We are thrilled to continue prevention and intervention efforts with youth who have experienced violence. The National Centers for Victims of Crime stated in 2011 that dating violence is a public health concern affecting 1 in 3 teenagers. It is everyone's job to work towards the end of partner violence and we thank Door County Community Foundation for supporting HELP of Door County, Inc. in our efforts to end abuse.
**football frenzy:**
**october domestic violence awareness annual event**

On October 7th HELP hosted its first ever major event at the Landmark Resort in Egg Harbor. Both Packer and Bear fans joined us for great football fun on Pumpkin Patch Sunday. With the purchase of a $25.00 ticket fans enjoyed tailgate food, free beer and soda throughout the afternoon. Participants enjoyed football as well as winning raffle prizes and football jerseys. We wish to thank all our great sponsors, the Landmark and local businesses who donated prizes to make the event such a great success. A great big applause to the board members and volunteers that helped throughout the day. We plan to make this an annual event and look forward to seeing you all again next year. Watch for your invitations next football season.

**Visitation and Exchange Program**
**Expands into Brown County**

The Visitation and Exchange (V&E) program teamed up with Door County Social Services and received a grant allowing the program to continue services in Door County and to expand into Brown County. Currently services in Brown County are provided three days/week. While funding is still needed in Door and Brown Counties, it is exciting to expand the program to allow more children to visit their parents in a safe environment.

**Coupons for a Cause**

Would you invest $10.00 to save hundreds of dollars? That’s the premise behind HELP’s fundraising event, Coupons for a Cause. The coupon book will combine fantastic savings with art, resources and statistics. Coupons for a Cause will retail for $10.00 a book. Books will be marketed through retail outlets, personal sales, art festivals, and events.

Individuals and businesses interested in the coupon books should contact Chad Chervenka at: resourcedev@helpofdoorcounty.org, or call (920) 743-8785.

**Visit Our New Website**

A new website is in the making. We will be upgrading our website to provide more information, easier access, an online blog, Facebook discussions, twitter posts, answers to questions, an online newsletter and more.

Visit www.helpofdoorcounty.org and join the conversation.
HELP’s Hope; The Giving Corner (This list changes periodically based on our current needs)

WE ARE IN NEED OF THE FOLLOWING ITEMS:

**Cards for Clients**

This holiday season we are in need of cards for the many clients we help throughout the year. All types of gift cards are appreciated. Cards in most demand include gas cards and food cards. Help empower our clients so they can make their own choices to provide for their families this holiday season.

- dish soap  - kids soap
- kids soap  - diapers
- toilet cleaner - baby wipes
- tampons - cleaning supplies

**Leaving a Legacy…**

**Planned Giving**

As always, including HELP in your will as a beneficiary of stock, estate, or trust is appreciated. Feel confident your gift will last for generations through planned giving. True philanthropists never die!

**Endowment**

Invest in HELP’s future….HELP’s endowment is truly “safe” investing! You’d be investing in keeping clients safe! The best form of safety planning is ensuring we are here for future clients.

WE WELCOME YOUR COMMENTS

The mission of HELP of Door County, Inc. is to: eliminate domestic abuse through prevention and intervention services and to advocate for social change