

Statement and Assessment from Cardiologist to Include:

1. **PI# _____ & Name _____** (On every page of each report)
2. **Statement** regarding general physical & cardiac examination.
 - a. to include symptoms or treatments referable to the cardiovascular system;
 - b. interim and current cardiac condition
 - c. functional capacity
 - d. medical history
 - e. and medications.
3. **Blood sugar and blood lipid profile** a current report of fasting
 - a. total cholesterol
 - b. HDL
 - c. LDL
 - d. triglycerides
4. **Treadmill Stress Test** a current maximal
 - a. An electrocardiographic (ECG) 100% maximal heart rate
 - b. Complete stage 3 of the Bruce protocol
5. **Worksheet of blood pressure/pulse recordings** at various stages.
6. **Interpretive Report** of worksheet of blood pressure/pulse recording
7. Copies of **Actual ECG Tracings must include a rhythm strip** (not computer generated ECG)
 - a. Full 12-lead ECG recording at rest (supine and standing)
 - b. Full 12-lead ECG recording during hyperventilation while standing
(One or more times during each stage of exercise)
(And at the end of each stage)
(At peak exercise)
(And every minute during recovery for at least 5 minutes or until the tracings return to baseline level)

(Start 60 days prior to Physical Due Date) Make copies of all medical reports

Allot – 20 days for Cardiac Report, Stress Test, Blood Test

Allot – 10 days for Flight Physical

Allot - 30 days for FAA Examination & Response

(Send in single packet, Fax all responses, verify FAA receiving of all correspondence with phone call)